



**NEW
SCHOOL
SAN FRANCISCO**

Intro to High School Counseling

*Introducción a la consejería de la escuela
secundaria*

Esther Fensel (Ms. Fensel)

Middle School Director / Directora de la escuela intermedia



- Prior to NSSF, I was a Principal in SFUSD. I've also been an Assistant Principal and Instructional Coach.
- I started my education career as a 7th grade math and science teacher!
- esther.fensel@newschoolsf.org
- Antes de estar en NSSF, fui directora en SFUSD. También he sido subdirectora y entrenadora de instrucción.
- ¡Comencé mi carrera educativa como maestra de matemáticas y ciencias de 7mo grado!
- esther.fensel@newschoolsf.org

Introductions / Presentación

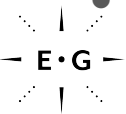
Erin Gevertz, High School Guidance Counselor

Erin Gevertz, Consejera de orientación a la escuela secundaria

Erin.gevertz@newschoolsf.org

510-463-1650

- Bay Area native
- 14 years of experience in Middle & High School Placement
- Passion for promoting access to educational opportunities for families.
- *Nativa del área de la bahía*
- *14 años de experiencia en colocación en escuelas intermedias y secundarias*
- *Pasión por promover el acceso a oportunidades educativas para las familias.*



New School SF Norms

- *We care for the wellbeing and mental health of all members of our community*
- *We assume there is more to learn, especially when there are differences*
- *We collectively root our decisions in equity and justice*
- *We speak our truth from the skin we're in*

Normas de New School SF

- *Nos preocupamos por el bienestar y la salud mental de todos los miembros de nuestra comunidad*
- *Asumimos que hay más por aprender, especialmente cuando hay diferencias*
- *Arraigamos colectivamente nuestras decisiones en la equidad y la justicia*
- *Decimos nuestra verdad desde la piel en la que estamos*

graduate profile

Academically thriving students



Rigorous academic program ensuring **all** kids are on grade level and prepared for the academic rigor of high school.

Self-reflective individuals



Social-emotional learning: Time, space, and relationships for students to explore their identities, relationships with others, and how they are most successful.

Creative problem solvers
Lifelong learners



Inquiry embedded into all we do with opportunities in the curriculum for students to grapple with real-world challenges and develop ideas and solutions that have a positive impact on the world. Opportunities to showcase, share, and take pride in their learning.

Agents of positive social change



Anti-racism, equity, and inclusion at the core: students deepen their awareness of injustice and inequities around us to help them consider their own actions and impact in making our world a more just and inclusive place for all.

Perfil del egresado

Estudiantes académicamente prósperos



Programa académico riguroso que garantiza que **todos** los estudiantes estén al nivel de su grado y preparados para el rigor académico de la escuela secundaria.

Individuos autorreflexivos



Aprendizaje socioemocional: tiempo, espacio y relaciones para que los estudiantes exploren sus identidades, las relaciones con los demás y cómo tienen más éxito.

Solucionadores de problemas creativos



La investigación está integrada en todo lo que hacemos con oportunidades en el plan de estudios para que los estudiantes se enfrenten a los desafíos del mundo real y desarrollen ideas y soluciones que tengan un impacto positivo en el mundo. Oportunidades para exhibir, compartir y enorgullecerse de su aprendizaje.

Aprendices de por vida

Agentes de cambio social positivo



Antirracismo, equidad e inclusión en el núcleo: los estudiantes profundizan su conciencia de la injusticia y las desigualdades que nos rodean para ayudarlos a considerar sus propias acciones e impacto para hacer de nuestro mundo un lugar más justo e inclusivo para todos.

New School Class of '22-'23 Placements /

Escuelas secundarias a las que irá la promoción '22-23' de New School

Abraham Lincoln High School*

Archbishop Riordan High School*

Balboa High School*

Bishop Hendrick

Drew School*

Galileo Academy of Science & Tech*

Gateway High School

George Washington High School*

Immaculate Conception Academy*

International High School*

Lick-Wilmerding High School*

Lowell High School

Menlo School

Midland School

Mission High School

Oakland School of the Arts*

Raoul Wallenberg High School*

Rise Academy

Ruth Asawa School of the Arts*

Sacred Heart Cathedral Preparatory*

Salesian College Preparatory*

San Francisco University High School*

San Francisco Waldorf High School

Sterne School*

Tamalpais High School*

Urban School of San Francisco



HS Counseling Goals

Process Overview

Schools & Types

Application Parts

Getting Started

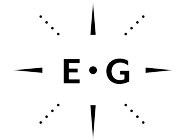
Metas de consejería de HS

Vista general del proceso

Escuelas y Tipos

Aplicaciones

Puesta en marcha



High School Counseling Goals

- Know yourself as learners and young adults
- Guide your family through the application process
- Familiarize yourself with a range of high schools in and around San Francisco
- Help to set and manage expectations for outcomes
- Create an appropriate school list for your child and family
- Provide feedback to students and adults on written statements

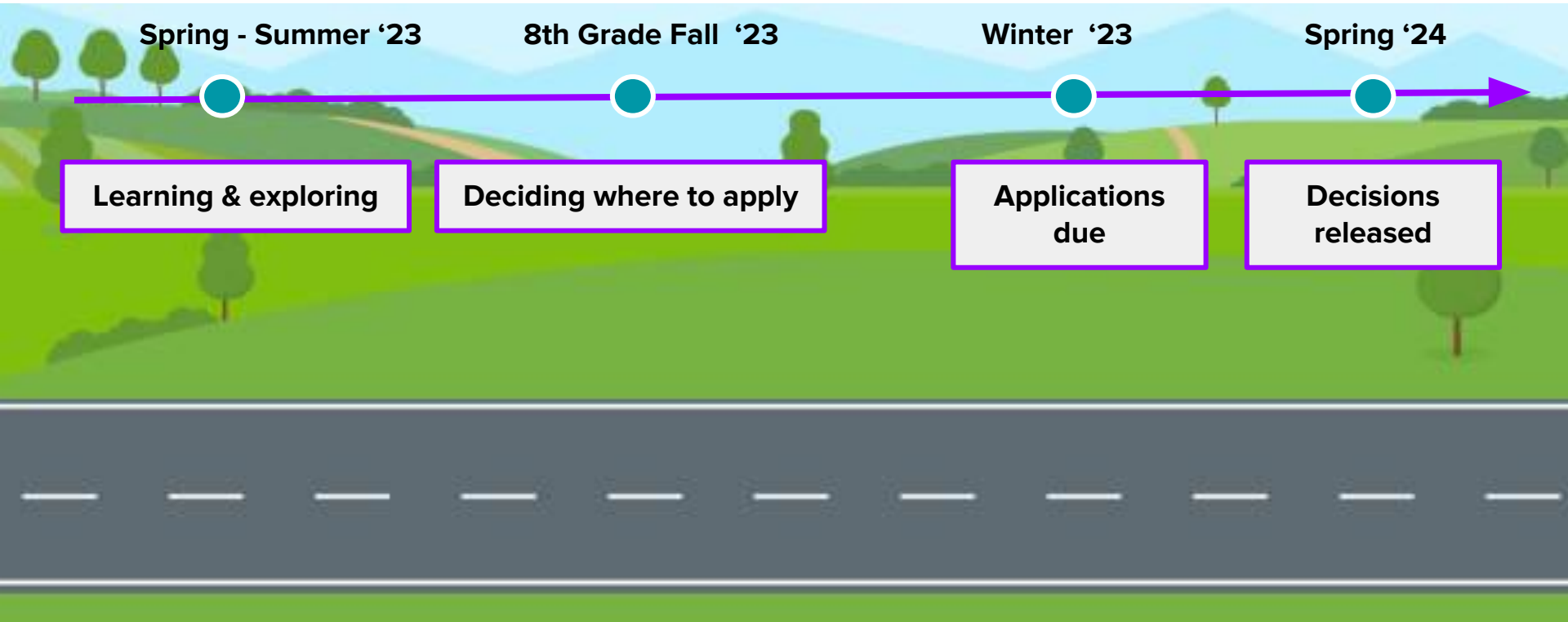


Metas de consejería de la escuela secundaria

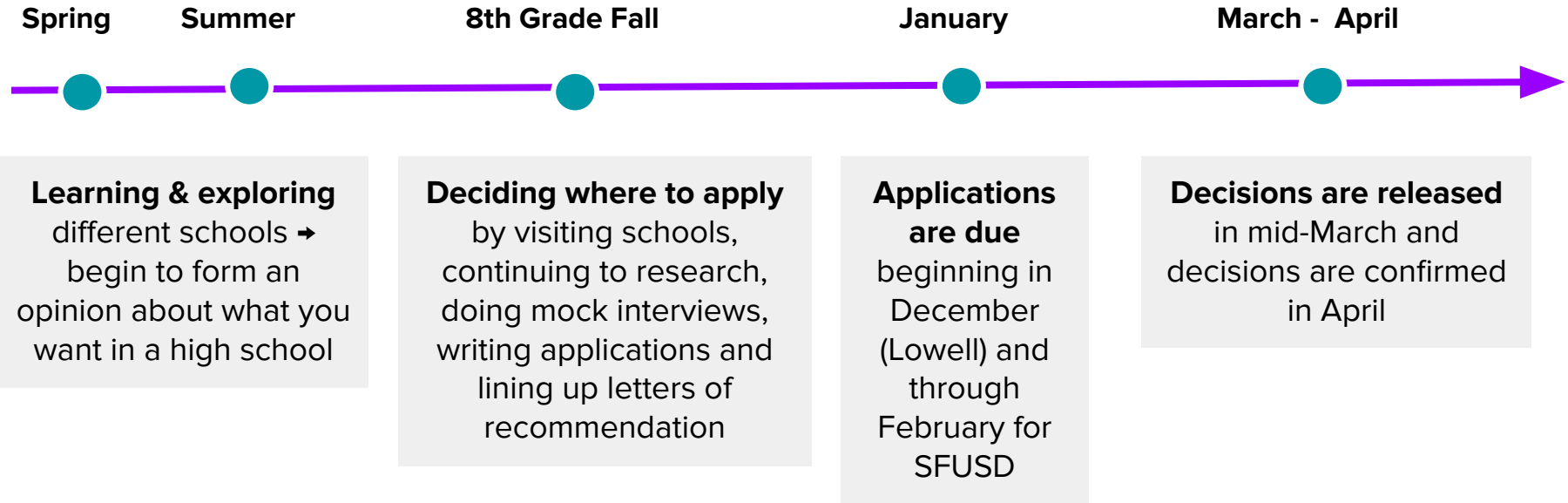
- Conócete a ti mismo como aprendices y adultos jóvenes.
- Guíe a su familia a través del proceso de solicitud
- Familiarícese con una variedad de escuelas secundarias en San Francisco y sus alrededores
- Ayudar a establecer y gestionar las expectativas de resultados
- Cree una lista escolar apropiada para su hijo y su familia.
- Proporcionar retroalimentación a estudiantes y adultos sobre declaraciones escritas.



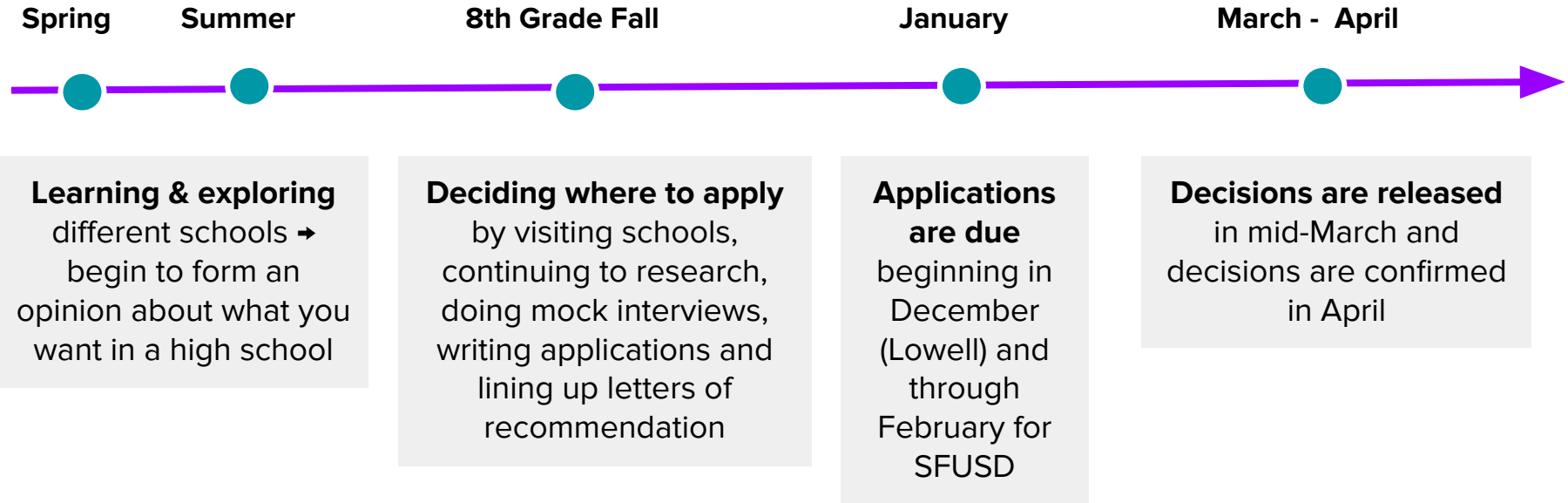
High School Planning



High School Planning



High School Planning



High School Planning

Spring of 7th Grade	<ul style="list-style-type: none">• Learn about the process• One-on-one meeting with Erin• Begin researching high schools
Summer between 7th and 8th Grade	<ul style="list-style-type: none">• Continued research• Parochial School HSPT Studying• Sign up for fall school tours
August - November of 8th Grade	<ul style="list-style-type: none">• Ongoing information sessions• One-on-one meetings with Erin• School Visits• Mock interview practice• Complete applications• Teacher recommendations/transcripts• <i>Any additional standardized testing, if applicable</i>
January - February of 8th Grade	<ul style="list-style-type: none">• Applications are due
March of 8th Grade	<ul style="list-style-type: none">• Lottery results for SFUSD• Private school decisions released• Confirm family decision

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Spring Counseling Meetings

REQUIRED: 20 minute Meeting #1 with Erin
SIGN UP ONLINE

- Learn about your family
- Learn about your child from the parent/guardian perspective
- Hear initial thoughts, curiosities and concerns for HS
- Get an idea of what you're looking for with high school

20 minutes: Completed by May 15th

OPTIONAL: Meeting #2 with Erin
****Only for families applying to private schools****

- Conversation with whole family
- Learn about what you know about the process
- Identify best ways to support you throughout the next year
- Create list of recommended schools to research over summer

45 - 60 min: May 1 - June 21

Reuniones de asesoramiento de primavera

REQUERIDO: Reunión #1 de 20 minutos con Erin
REGÍSTRESE EN LÍNEA

Aprende sobre tu familia

Aprenda sobre su hijo desde la perspectiva del padre/tutor

Escuche pensamientos iniciales, curiosidades e inquietudes sobre HS

Hazte una idea de lo que estás buscando con la escuela secundaria

20 minutos: completado antes del 15 de

OPCIONAL: Reunión #2 con Erin
****Solo para familias que solicitan ingreso a escuelas privadas****

Conversación con toda la familia.

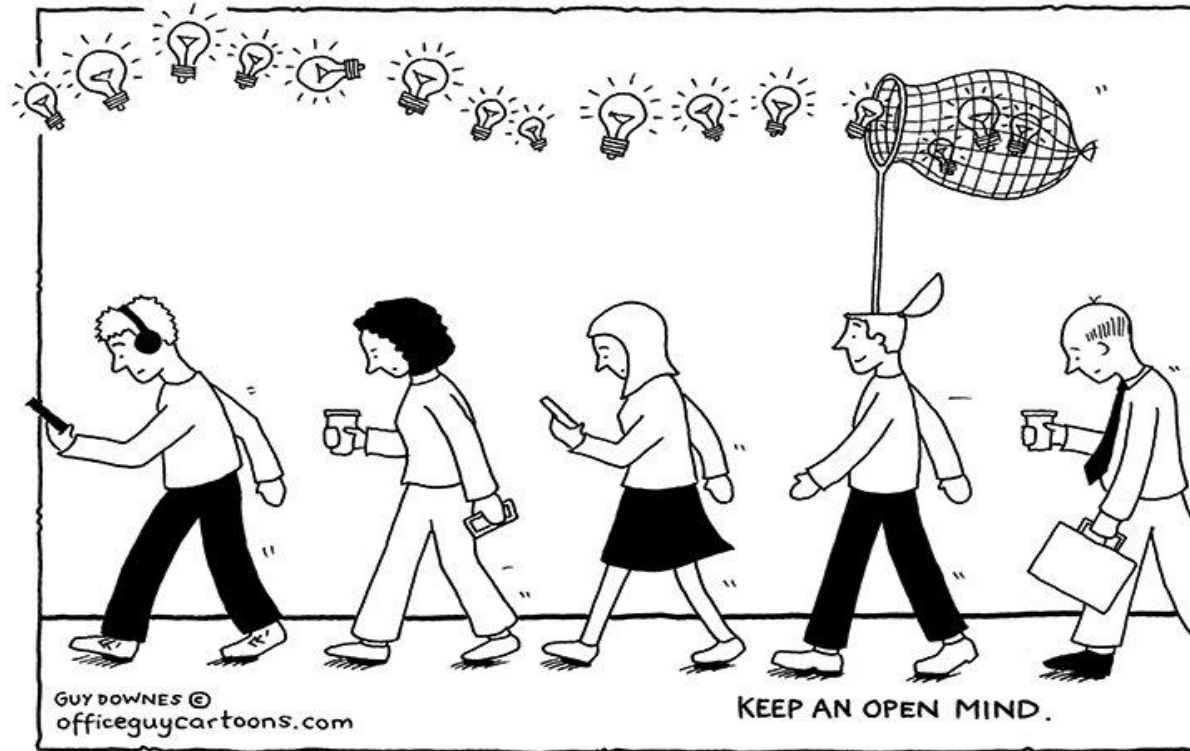
Aprende lo que sabes sobre el proceso

Identificar las mejores maneras de apoyarlo durante el próximo año

Crear una lista de escuelas recomendadas para investigar durante el verano

45 - 60 min: 1 de mayo - 21 de junio

Placement Philosophy / Filosofía de colocación



School Types



Public Schools

- Local School District - Everyone needs to apply



Charter Schools

- Free, Lottery System, Smaller than many public schools



Parochial Schools

- Tuition based, Affiliated with Archdiocese, Independent from School District



Independent Schools

- Day School - Tuition based, independent from school district
- Boarding Schools - 5 or 7 day boarding, Tuition based, independent from school district

Tipos de escuelas



Escuelas publicas

- Distrito escolar local: todos deben presentar una solicitud



Escuelas charter

- Gratis, sistema de lotería, más pequeño que muchas escuelas públicas



Escuelas Parroquiales

- Basado en matrícula, Afiliado a la Arquidiócesis, Independiente del Distrito Escolar



Escuelas independientes

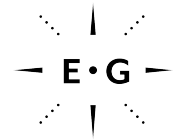
- Escuela diurna: con matrícula, independiente del distrito escolar
- Internados: internado de 5 o 7 días, con matrícula, independiente del distrito escolar

Summer Homework: Researching

Facts vs. Opinions/Stereotypes

Students AND Parents/Guardians should be researching

- **General:** Class size, Co-ed?, Parochial, Location, Diversity
- **Academics:** Classes offered, Class style, Grading, Facilities, Schedule
- **Values/Feel:** Mission alignment, Sense of Community, JEDI
- **Co-curricular:** Sports, Theater, Arts, Newspaper, Clubs, Leadership Opportunities

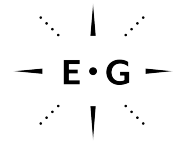


Tarea de verano: investigación de escuelas

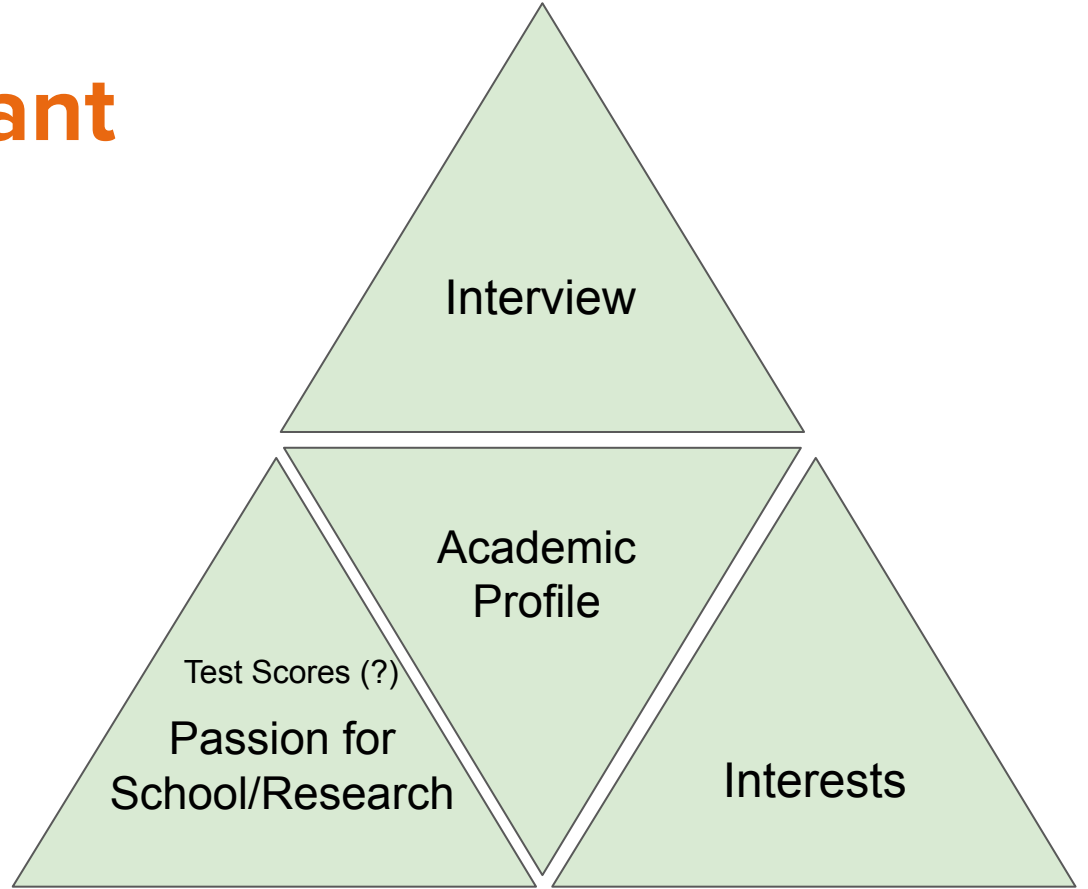
Hechos vs. Opiniones/Estereotipos

Los estudiantes Y los padres/tutores deben investigar

- **General:** Tamaño de la clase, Co-ed?, Parroquial, Ubicación, Diversidad
- **Académico:** clases ofrecidas, estilo de clase, calificación, instalaciones, horario
- **Valores/sentimientos:** alineación de la misión, sentido de comunidad, JEDI
- **Co-curricular:** Deportes, Teatro, Artes, Periódico, Clubes, Oportunidades de Liderazgo

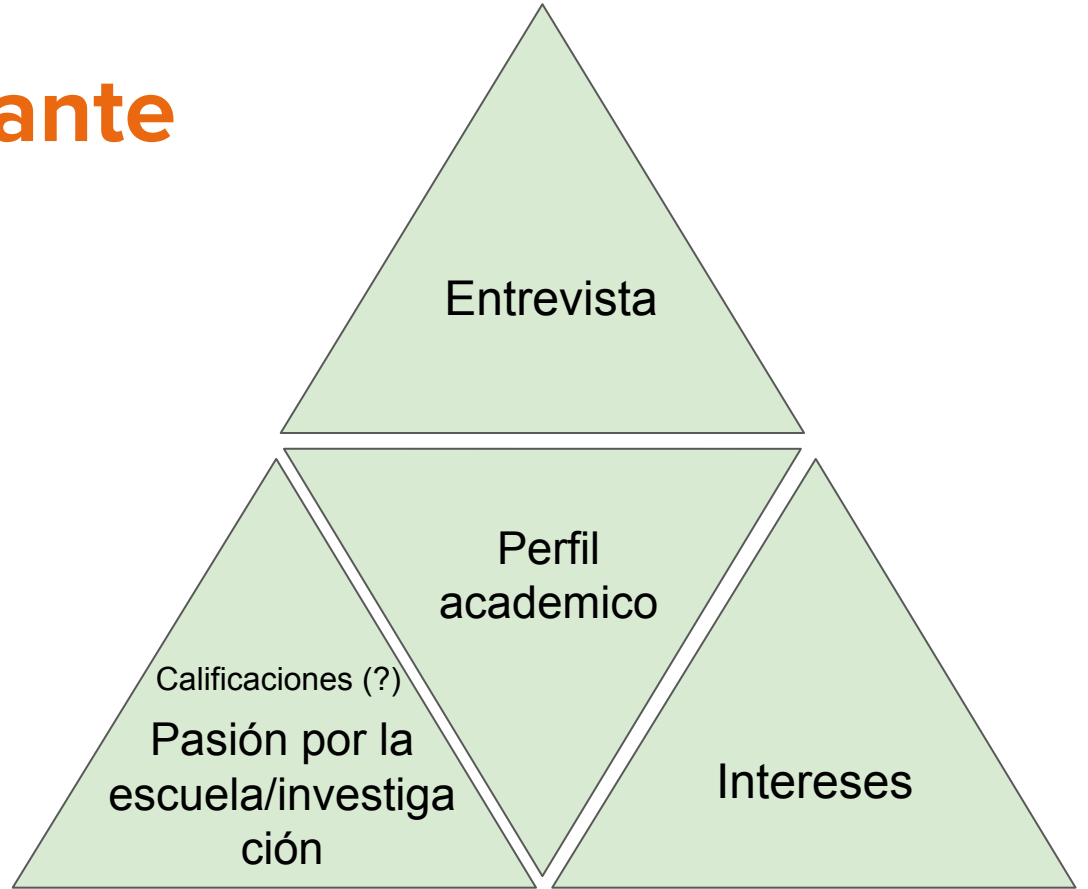


Excellent Applicant Pyramid



Excelente solicitante

Pirámide



Standardized Testing

PAROCHIAL SCHOOLS

HSPT

How much do scores matter?

Summer Studying

LOWELL

Use 7th Grade CAASP



Pruebas estandarizadas

ESCUELAS PARROQUIALES

- HSPT
- ¿Cuánto importan las puntuacion
- Verano estudiando

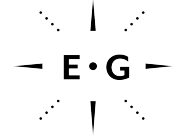
LOWELL

- Usar CAASP de 7mo grado



**This process provides an
opportunity to see your student
through a new lens.**

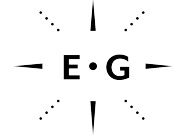
***Este proceso brinda la oportunidad
de ver a su estudiante a través de
una nueva lente.***





*I'm here to get to know you
and provide guidance through
this process.*

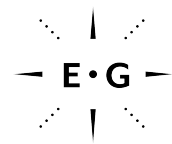
- Sign up for first P/G Intro 20 minute call - by 5/7
 - Calendly link
- August 2023 - Beg of Year Meeting to set the stage.



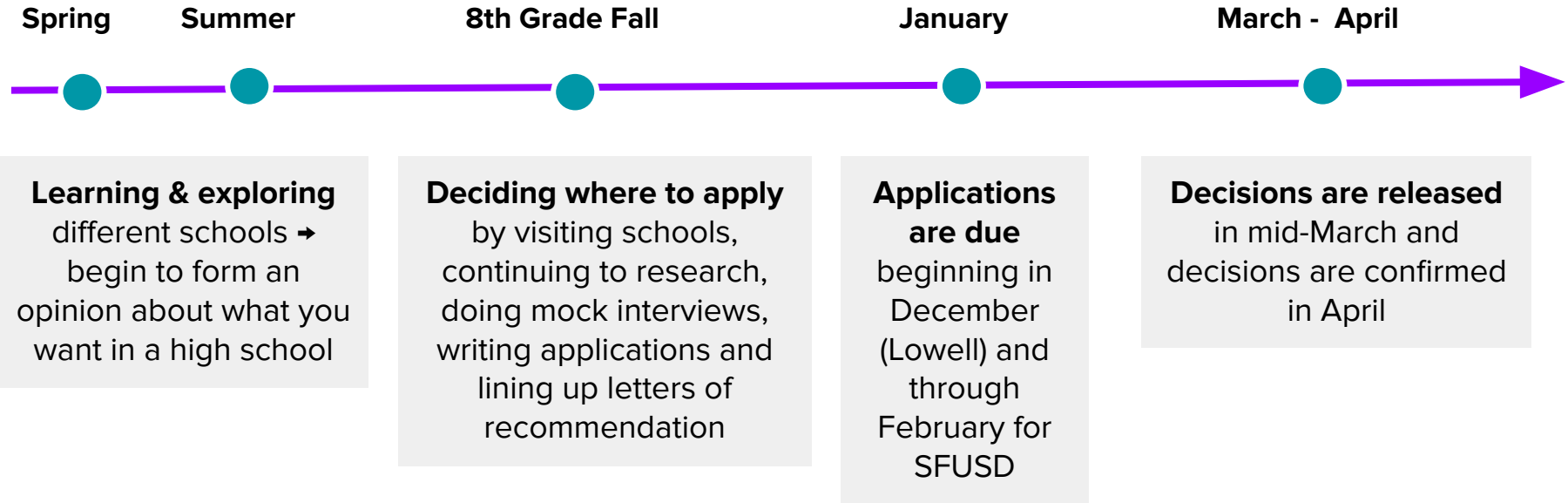
Estoy aquí para conocerlo y brindarle orientación a través de este proceso.



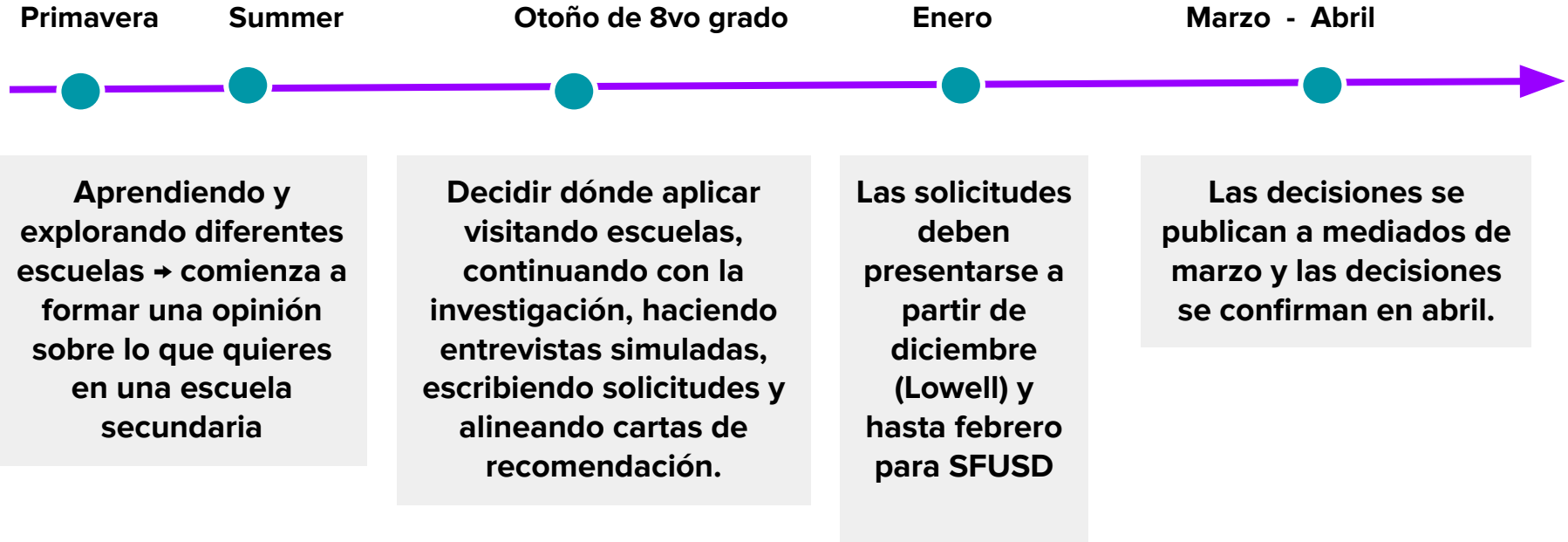
- Regístrese para la primera llamada de introducción de P/G de 20 minutos, antes del 5/7
- Enlace de calendario
- Agosto de 2023 - Reunión de inicio de año para preparar el escenario.



High School Planning



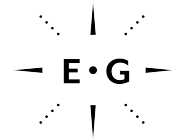
Planificación de la escuela secundaria



**“Education must not simply teach
work—it must teach Life.”**

***“La educación no debe
simplemente enseñar el trabajo -
debe enseñar la Vida”.***

— W. E. B. Dubois



Appendix /
Apéndice

The Counseling Support Process: Meeting 1

- Get an idea of what you're looking for with high school
- Learn about your family
- Learn about your child from the parent/guardian perspective
- Hear initial thoughts, curiosities and concerns for HS

20 minutes: Completed by May 15.

The Counseling Support Process: Meeting 2 (For families interested in private schools)

1. Conversation with whole family
2. Learn about what you know about the process
3. Identify best ways to support you throughout the next year
4. Create list of recommended schools to research over summer

45 - 60 min: May 1 - June 21

The Process: Today to April 2024

- Spring - Summer '23 : School Lists/ Online Research/ HSPT Prep
- August '23: Register for Private School Tours & Events
- Sept - Dec '23 : Visit Schools/ School Events
- October '23 - January '24 : Complete parent and student applications
- Nov - Dec '23 : Standardized testing & Teacher Recommendations & Transcripts
- Jan - Feb '24 : Application Deadlines
- Feb - March '24 : Decisions communicated
- Early Spring '24 : Revisit days / Reply to School Decisions

